



WINTER 2018

SPORTS PERFORMANCE TRAINING



PROGRAM RUNS FEB 6 - FEB 27TH

515 E WILSON BLVD, HAGERSTOWN, MD

YOUTH PROGRAMS - AGES 8-10

NO SESSION ON 2/11

TUESDAY AND SUNDAY FROM 5:45-6:45PM

MS ATHLETE - AGES 11-13

NO SESSION ON 2/11

TUESDAY AND SUNDAY FROM 6:45-7:45PM

HS ELITE - AGES 14-18

NO SESSION ON 2/11

TUESDAY AND SUNDAY FROM 7:45-8:45PM



**AS LOW
AS \$69!**



VISIT TRUEAP.COM/HAGERSTOWN FOR INFO