



WINTER PERFORMANCE TRAINING

REGISTRATION BEGINS NOVEMBER 14TH!

LEESBURG

Training Held at Simpson MS in Leesburg



DATES: Option 1: 12/3/13 – 2/13/14
 Option 2: 1/7/13 – 2/13/14

DAYS: Tuesdays/ Thursdays

TIMES: Grades 3-5 (5:15-6:15pm)
 Grades 6-8 (6:15-7:15pm)
 Grades 9-12 (7:15-8:15pm)

COST: 1 Day/Week and 2 Day/Week Options
 As Low As \$12/session!

Option 1 – Starts Dec. 3rd – Activity Code: 221097
Option 2 – Starts Jan. 7th – Activity Code: 221098

PURCELLVILLE

Training Held at Blue Ridge MS in Purcellville

DATES: Option 1: 12/2/13 – 2/12/14
 Option 2: 1/6/13 – 2/12/14

DAYS: Mondays/ Wednesdays

TIMES: Grades 3-5 (5:15-6:15pm)
 Grades 6-8 (6:15-7:15pm)
 Grades 9-12 (7:15-8:15pm)

COST: 1 Day/Week and 2 Day/Week Options
 As Low As \$12/session!

Option 1 – Starts Dec. 2nd – Activity Code: 221100
Option 2 – Starts Jan. 8th – Activity Code: 221099



REGISTER NOW!

1. **Go to www.TrueAP.com**
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4. **Questions?** Contact Matt Diener: mdiener@trueap.com