

(March – April '13) Speed and Conditioning



ALL SESSIONS HELD AT BLUE RIDGE MIDDLE SCHOOL - PURCELLVILLE

Dates: March 13 – May 8
Where: Blue Ridge Aux Gym

Days and Times:
Wednesdays

Grade 3-5: 615p-715p
Grade 6-8: 715p-815p

Grade	# sessions	Cost	Activity #
3 – 5	4	\$60	321760-05
3 – 5	8	\$100	321760-06

Grade	# sessions	Cost	Activity #
6 – 8	4	\$60	321760-07
6 - 8	8	\$100	321760-08

*Price Reflects 10% PRCS Registration Fee.

In Partnership with:



NO SESSIONS OVER SPRING BREAK WEEK!!

HOW TO REGISTER

NO WALK IN REGISTRATIONS.

1. Online At: www.loudoun.gov/webtrac
*To get your User name and password call: 703-777-0343
2. Mail Form To: Loudoun County Department of Parks,
Recreation, and Community Services
Attention: Youth Sports Department
215 Depot Court, S.E.
Leesburg, VA 20175
3. Take Form to any Loudoun County Community Center:
 - Douglas Community Center
 - Claude Moore Community Center
 - Loudoun Valley Community Center
 - Sterling Community Center

Session Dates: {March 13, 20; April 3, 10, 17, 24; May 1, 8}

NO SESSIONS OVER SPRING BREAK WEEK

MAKE UP SESSIONS HELD AT TRUEAP FACILITY IN CHANTILLY

703.996.3500
www.TrueAP.com